

## Introduction

Many of us need to experience renewal and change in our lives, Metro East's Body Life program offers classes that are designed to lead us to just such a change. Body Life classes explore one particular biblical, theological, or practical topic in detail throughout the fall semester. Classes meet from 5:15 to 6:45 p.m. on Sunday evening beginning on September 7th. Between Awana and Body Life, there is something on Sunday nights for the entire family. We encourage you to take advantage of this opportunity to be transformed together from the inside out.



## Registration Form

Spouses registering for separate classes must fill out a separate registration form.

Name (s) \_\_\_\_\_

\_\_\_\_\_

Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Enroll me in the following course:

Sunday Evenings from 5:15 - 6:45 p.m.

- ◆ Engage - Student/Parent Bible Fellowship
- ◆ Family Dynamics
- ◆ Servant Leadership
- ◆ Crown Financial Ministries
- ◆ Evangelism by Design
- ◆ Truth Project

Childcare is provided for children birth to 2 years. Please register your children below:

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

AWANA programs are provided for children age 3 years through 5th grade. If you did not register your child in the fall, you may pick up a registration form at the Welcome Desk.

## METRO EAST BAPTIST CHURCH

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Visit us at our website: [www.metroeastbaptist.com](http://www.metroeastbaptist.com)

# Body Life

## FALL 2008 COURSE LIST



Classes begin September 7, 2008

## Engage

### Student/Parent Bible Fellowship

Led by Matt Redmond

#### The Lounge

We will spend a few foundational weeks looking at questions that worldviews answer before **engaging** in cultural issues with a biblical worldview. This will be a great resource for parents to **engage** the lives and culture of their students in a safe and non-threatening environment.

## Family Dynamics

Led by Brooke Seager

Bldg 2 Room 105

This course is an interactive look at what makes a healthy family. Students will learn a method for understanding their family of origin and other family relationships. The course will examine how negative patterns of interaction can be passed down through generations, but will also look at how to make choices for change, break the cycle, and introduce patterns of faith. This course is especially relevant to recently-formed marriages and families, but anyone is welcome.

## Servant Leadership

Led by Doug Holt

Bldg 2 Room 106

This study will guide each participant to discover who they are in Christ and show how He has uniquely gifted each of us to serve Him. Participants will have weekly homework that will take 30 to 45 minutes and be challenged to memorize one verse a week. This course is a 10-week study.

Cost: \$8 per person / \$15 per couple

## Crown Financial Ministries

Greg McCoy, Facilitator

Room M41

**Vision:** To see the followers of Christ in every nation faithfully living by God's financial principles in every area of their lives.

**Mission:** Equipping people to learn, apply, and teach God's financial principles so they may know Christ more intimately, be free to serve Him, and help fund the Great Commission.

This is a 10-week in-depth study of what Scripture teaches about stewardship. Some of the subjects covered are: ownership, debt, seeking counsel, contentment, spending, honesty, work, saving, investing, and teaching children how to handle money.

There are six requirements for participation:

1. Memorize one assigned Scripture each week
2. Pray for each member of your group daily
3. Attend a minimum of 8 of the 10 classes
4. Complete weekly homework assignments
5. Complete one practical application each week
6. Attend one-hour orientation session

Thursday, September 18th  
Central Christian Church

Cost: \$25 per couple or individual to help cover the cost of books and materials.

**Class size is limited,; please sign up early.  
Maximum of five couples will be accepted.**

## Evangelism by Design

Led by Dick Daeschner

Room M31

This is a lifestyle approach that takes natural opportunities to help people move toward God. For every two sessions we spend preparing to do evangelism, we will spend one session praying for people God puts on our hearts. Some of the topics discussed include: the uniqueness of Christianity, tools / brief gospel presentations, answering objections, and evaluating spiritual condition. This course will be offered on Sunday nights and is a 10-week study.

## Truth Project

Room M33

The goal of this project is to reintroduce believers to the truth claims of God and help them develop a comprehensive biblical worldview. In twelve lessons, we will discuss what a biblical worldview is and how we as Christians should view the issues of truth, philosophy, anthropology, science, history, sociology, law, work, and community. Although these issues are rarely talked about in our day-to-day lives, they have a profound effect on how we look at the world and the values we pass on to our children.